Over 29,000 participants since 1992.
Treatment Programs

Residential Services
Non-Hospital Medical Detox
  Adult Residential
  Adolescent Residential

Outpatient Services
Substance Abuse Comprehensive Outpatient (SACOT)
  Adult Substance Abuse Intensive Outpatient (SAIOP)
  Adolescent Outpatient

DWI Services
  DWI Assessment
  Alcohol Drug Education Traffic School (ADETS)
  20/40/90 Hour Treatment
  Residential DWI

Criminal Justice
Treatment Alternatives for Safer Communities (TASC)
  Drug Screening Services/Lab
  Drug Education School (DES)
  Cognitive Behavioral Intervention (CBI)
  Deferred Prosecution

Opioid Treatment Programs
  Charlotte, Concord, Gastonia, Marion,
  Monroe, Statesville, Hickory, Boone, Lenoir
January 15th  Bridging the Gap Between Research and Practice: The Use of Manuals in Treating Substance Use and Co-Occurring Disorders  
Dennis C. Daley, PhD

February 19th  Removing Defects of Character  
Cardwell C. Nuckols, MA, PhD

March 18th  Pharmacology of Medications Utilized in Detox, Addiction and Recovery  
Lisa Marzilli, PharmD, CDOE

April 22nd  See the Forest, Hear the Trees: Listening for the Unheard Stories  
David Austin Sky, MA

May 20th  Drugs and Crime  
Joseph Kuhns, PhD

June 17th  MATRIX Model for Criminal Justice: Substance Use and Criminality  
Donna L. Johnson, CAS, ICADC, ICCJP, CCDP, LADC

July 15th  Trauma Awareness: Treating PTSD  
Wanda Burger, LPCS, NCC, LCAS, CCS, ICCADC, ICCS, PhD

August 19th  Managing Problem Behaviors in the Elderly  
Barbara Melton, M.Ed., LPC, LPCS, NCC/MAC, CACII

September 16th  HIV & AOD: Keeping it Simple; Ethical Principles of Conduct  
Eli Branscome, LPCS, LCAS, NCC; Trina Fullard, CCS, LCAS

October 21st  Dancing in the Minefield: Adolescent Development and Its Treatment Implications  
James E. Campbell, MA, CACII

November 18th  Eliminating Self-Defeating Behaviors  
Gregory Boothroyd, PhD, CAAC, LPC

December 16th  Neuroscience of Addiction  
Tiffany Thompson Jones, MA, CBT, BCN
Bridging the Gap Between Research and Practice: The Use of Manuals in Treating Substance Use and Co-Occurring Disorders

Dennis C. Daley, PhD
University of Pittsburgh Medical Center
Pittsburgh, PA

Empirically-supported treatments (ESTs) are important in the delivery of clinical care. Despite the advances made in treatment-research for substance use and co-occurring disorders, many clinicians are not aware of current models of care that have been tested in randomized clinical trials. This workshop will introduce the participants to ESTs and focus on their advantages and limitations. Current research initiatives leading to the development of manual-driven therapies, and how to use treatment manuals will be discussed. Participants will be introduced to some of the excellent resources that describe ESTs and the treatment manuals that are available to inform clinical practice.

Dr. Dennis Daley is Professor of Psychiatry and Social Work. He served for 14 years as the Chief of Addiction Medicine Services at Western Psychiatric Institute and Clinic of the University Of Pittsburgh School Of Medicine. For more than 30 years, Dr. Daley has been involved in clinical care, development and management of treatment services for addiction and co-occurring disorders. He has developed models of clinical care for relapse prevention, dual disorders, group treatments and motivational therapy. Dr. Daley has more than 260 publications and was the first in the U.S. to write interactive workbooks for recovery from co-occurring disorders as well as one of the first to write similar materials for recovery from addiction.

February 19, 2016

Removing Defects of Character

Cardwell C. Nuckols, MA, PhD
Cardwell C. Nuckols & Associates, LLC
Longwood, FL

Character defects are a source of suffering and can lead to relapse and other self-defeating behaviors. At the root of these defects are narcissistic beliefs about the self (I, me and mine) and a distorted self-image. Defects of character respond poorly to psychotherapy and pharmacotherapy and are more amenable to change utilizing spiritual tools such as humility, honesty, acceptance and surrender. This skills-training event will teach those in attendance how to remove these defects including pride, greed, jealousy and envy. Understanding that “I am jealous and I will change” is an illusion and the fact that change occurs in the “moment” will be at the heart of this transformation.

Dr. Cardwell C. Nuckols is described as “one of the most influential clinical and spiritual trainers in North America.” Dr. Nuckols’ passion and mission is to assist in the integration of emerging scientific research with traditional spiritual and self-help knowledge. From this integration come knowledge, inspiration and technique helpful to those whose practice assists alcoholics, addicts and other mental health patients find healing and their personal road to recovery. Dr. Nuckols is widely published, having authored more than 60 journal articles, 30 books and workbooks, 50 DVDs, CDs and videos, and 25 audiotaape series. His latest publication is a best seller entitled The Ego-Less SELF: Achieving Peace and Tranquility Beyond All Understanding. Dr. Nuckols’ first book Cocaine: Dependency to Recovery, is also a trade best seller, as are, his booklets Quitting Heroin, Quitting Alcohol and Quitting Marijuana (Hazelden). Dr. Nuckols’ formal educational background includes advanced work in such areas as medical research, pharmacology, neurobiology, education and psychology.
Pharmacology of Medications Utilized in Detox, Addiction and Recovery
Lisa Marzilli, PharmD, CDOE
Dominion Diagnostics
N. Kingstown, RI

This presentation will review the pharmacology and product-specific drug information of methadone, buprenorphine, disulfiram, acamprosate, naloxone and several other medications utilized in the Medication Assisted Treatment Programs. Dosing, efficacy, safety, side effects and risks will be discussed and key points for patient counseling will be outlined. A review of the use of methadone and buprenorphine in pregnancy will also be discussed.

Lisa Marzilli holds a Doctorate of Pharmacy Degree with a sub-specialty in pharmacokinetic research, a Bachelor of Science degree in Pharmacy from the University of Rhode Island, and is a Certified Diabetes Educator. She has worked in the home infusion/oncology industry and in retail pharmacy, focusing primarily on outpatient educational services and wellness programs in disease-state-management. She is an adjunct professor at the University of Rhode Island, has taught numerous lecture series, has spoken at several National Symposiums on the topic of designer drugs, pharmacology, addiction science, and has been awarded multiple honors and distinctions.

See the Forest, Hear the Trees: Listening for the Unheard Stories
David Austin Sky, MA
Sky Stories
Bexley, OH

What is the story that your clients have to tell before they can tell the story that they need to tell? We tell stories to hear ourselves think. We don’t jump to conclusions when listening, we jump to stories. This workshop will give advanced tools for listening and helping. We express what is troubling us in stories and actions before we have awareness of why we are doing it. Unheard Stories influence our behavior, our choices and our actions. Since the mind loves to answer questions, learn how to design questions to get information, give insight and bring awareness. The skills will be explained by stories, handouts, activities, and demonstrations. Past participants have called this workshop a life-changing experience. This will change how we listen. This will change how we help. This program has been described as “deep disturbing fun!”

David Austin Sky is a full time speaker, trainer and storyteller with a Masters Degree in the Alcoholism and Drug Abuse Ministry from the Methodist Theological School. His book, See the Forest, Hear the Trees: The Art of Story listening is based on his thirty years of experience in using stories in the helping profession.
This training session will provide an overview of the current state of drug use in this country and, to some extent, throughout the world. We will review some of the history of drug use and explore current drug use patterns and trends using a variety of sources. We will then identify and debate issues associated with licit and illicit drug dealing and trafficking, attempt to understand crime and violence associated with drug use and drug markets, and explore the effectiveness of our current drug control strategies on the local, national, and international level.

Dr. Joe Kuhns teaches courses in policing, community policing, drugs, crime, and research methods. Prior to arriving at UNCC, Dr. Kuhns served as a Senior Policy Analyst at the U.S. Department of Justice. From 2005-2009, Dr. Kuhns worked with a number of scholars and with the Trinidad and Tobago Police Services to help reduce violent crime and improve law enforcement services in the developing country. He recently co-edited a new book about police use of force, firearms, and non-lethal weapons in various countries around the world. Finally, Dr. Kuhns continues to explore the relationship between drug use and violent behavior by analyzing toxicology data within and outside of the United States.

This presentation will provide participants basic overview and information on the Matrix Model for Criminal Justice Settings. Most professionals feel comfortable addressing the substance use or the criminality but feel challenged treating the substance use disorder and criminality as a co-occurring issue. This session will provide information to help with these challenges. Those individuals who have a substance use disorder and are involved with the criminal justice system have special treatment needs and the treatment of substance use and criminality must be addressed as a co-occurring issue. The model distinguishes between a person who has a substance use disorder and is involved in the criminal justice system as a result of their use and those that meet anti-social personality disorder criteria and substance use disorder.

Donna Johnson has over 25 years of experience in the field of addiction and criminal justice. She holds a Juris Doctor (JD) and is an Internationally Certified Alcohol and Drug Counselor (ICADC), she is an internationally certified Criminal Justice Addiction Professional (ICCP) and as a Licensed Alcohol and Drug Counselor (LADC). She has worked in correctional programs in two states for over 18 years for a large community mental health center where she held positions as Director of Substance Abuse Services and Director of Behavioral Health. In those roles, she supervised all levels of clinical care and provided clinical services for area criminal justice programs. Donna has provided training and consulting in over 35 states for Substance Abuse and Mental Health Services Administration and Center for Substance Abuse Treatment projects and has worked on consulting and training projects for the Bureau of Justice and numerous law enforcement agencies as well as drug courts nationally and internationally. She has been a consultant and trainer for the Matrix Institute for over 11 years in the United States and abroad and is lead author on the Matrix Model for Criminal Justice Populations and a contributing author of the “Hazelden Living Skills for Personal Growth.”
Trauma Awareness: Treating PTSD
Wanda Burger, PhD, LPCS, NCC, LCAS, CCS, ICCADC, ICCS
Still Waters Counseling and Training
Hendersonville, NC

This course will allow participants to recognize signs and symptoms of trauma and will identify effective interventions for those clients. Participants will gain a basic understanding of trauma issues and implications, how to recognize and treat Post-Traumatic Stress Disorder, as well as general knowledge of how trauma is treated and when to refer to a specialist.

Dr. Wanda Burger began working as a nurse in the early 80's. Following a near fatal car accident, caused by a drunk driver in 1991, Wanda completed physical recovery and returned to college in 1997. In 2003 she graduated with a Masters in Counseling from Gannon University and a Masters in Faith Based Counseling from Sarasota Academy in Florida. She began work on a PhD and opened Changing Seasons Counseling Services. In 2004 she relocated to her birth state of North Carolina and began working as a dually licensed therapist. Over the years she has had opportunity to work as an outpatient therapist, team leader, supervising therapist, director of programs, clinical director, consulting director and consultant to agencies developing programs. In 2010 she transferred work from Sarasota to FUMC of Trinity University and completed the PhD in faith based counseling.

Managing Problem Behaviors in the Elderly
Barbara Melton, M.Ed., LPC, LPCS, NCC/MAC, CACII
Webster University
Charleston, SC

People are living longer, and as a result, an ever-changing number of older patients are exhibiting symptoms of dementia, which is chronic and progressive, and substance use, which is linked to depression, in the elderly population. This workshop will familiarize you with the different types of dementia and various problem behaviors that manifest themselves over time and underscore the issues involving prescription drug abuse as well as the effects of alcohol and drug abuse in the elderly. Through video vignettes and discussion, behavioral treatment, environmental manipulation and other treatment strategies will be modeled and discussed.

Barbara Melton has a private practice in downtown Charleston and works with adolescent and adult populations on a number of issues, including but not limited to: working with clients who engage in self-injurious behaviors, trauma and loss, borderline personality disorder, and mood disorders. She has taught graduate level courses for Columbia College and Coastal Carolina University and also teaches a Clinical Supervision course for Webster University.
HIV & AOD: Keeping it Simple
Eli Branscome, LPCS, LCAS, NCC
Counselors of Charlotte
Charlotte, NC

Participants will acquire techniques and knowledge which will facilitate incorporation of HIV topics into chemical dependency work. This session will present the latest data on medical treatment and prognosis along with information about the 33+ medications used to treat HIV. Key points of presentation include: significance and relevance of HIV for counselors working in the field of addiction, lethal interactions between HIV medications and other substances, and the addictive substances that can accelerate progression of HIV disease. This training will also review the 12 sections of the “NCSAPPB Ethical Principles of Conduct for the Substance Abuse Professional”. Be prepared to share examples from your work environment to enhance the experience for all participants. From young professionals to seasoned clinicians, maintaining awareness of ethical boundaries and responsibilities is critical. This training will provide an interactive, educational experience to clear up some of the decision making around those “gray” areas when you ask yourself, What Should I Do?

Eli Branscome is a Licensed Clinical Addiction Specialist, Licensed Professional Counselor, LPC Supervisor, a National Certified Counselor, and serves on the board of the South Carolina Counseling Association. Eli worked as a counselor for an area AIDS service organization and was on the Board for House of Mercy, Belmont NC. His speaking experience is diverse: AHEC, Union County Schools, regional addiction treatment facilities, UNCC’s McLeod Institute, as well as many state and national conferences. Trina Fullard is currently the Vice President of Information Systems and Director of Clinical Supervision at McLeod Addictive Disease Center, Inc. During her 18 years of employment, Trina has held a number of positions all increasing in responsibility. Trina received her Licensed Clinical Addictions Specialist credential in September of 2002, and earned her Certified Clinical Supervisor credential in 2004. In 2006, Trina developed the policies and implemented the procedures for the clinical supervision program for over 100 clinicians.

Dancing in the Minefield: Adolescent Development and Its Treatment Implications
James E. Campbell, MA, CACII
The Phoenix Center
Greenville, SC

There has been a wealth of recent discoveries about the biological, psychological, social, spiritual, and experiential aspects of adolescent development and learning. Unfortunately, there is frequently a disconnect between what we know works with adolescents and the treatment modalities we use when working with them. We cling to outdated paradigms and then cringe when they prove less than effective. This session briefly reviews some of the most important discoveries related to adolescent development in recent years and then explores how to best apply that knowledge to design and implement effective treatment strategies for engaging and working with adolescents and their families.

James Campbell has been working professionally in the human services field with addictions, children, and families for over twenty years. James has worked with diverse human services programs including High Management Group Homes, Supervised Independent Living Programs, Clinical Day School Programs, Outpatient Services, and In-Home Services throughout his years in the field. He currently serves as the Adolescent Residential Manager at the White Horse Academy in Greenville, South Carolina through The Phoenix Center. James is also a pastor and an author.
Eliminating Self-Defeating Behaviors
Gregory Boothroyd, PhD, CAAC, LPC
Western Michigan University
Kalamazoo, MI

This program brings into clear focus the inception, maintenance and elimination of self-defeating behaviors and what life could be like if they were replaced with more life-generating behaviors. Particular attention will be given to the irrational fears that prompt defeating choices, the array of techniques used to carry out such choices, the many ways we minimize the damaging consequences of these choices and favorite methods to disown any or all parts of this cycle. The application of the material in this presentation for counselors, clinicians, chemical dependency treatment personnel, recovering people and all aged children of alcoholics and other dysfunctional families will be conspicuous. A the end of this presentation, participants will exit the experience more in tune with themselves and energized with a better understanding of both how and why self-defeating behaviors interfere with our personal and professional lives and what can be done about them in terms of life-generating replacement behaviors.

Dr. Gregory Boothroyd is an author, lecturer and professor emeritus at Western Michigan University where he served as University Ombudsman, Professor of Counseling and Director of University Substance Abuse Services. His career-long passion has been one of helping adolescents and young adults eliminate self-defeating behaviors and training thousands of professional counselors, social workers, psychologists and medical and court personnel, both nationally and internationally, on Self-Defeating Behavior Theory. With warm and engaging humor, his presentations and trainings are consistently received as both “insightful” and “life-changing.” Along with his wife, Dr. Lori Boothroyd, a licensed psychologist specializing in mindfulness-based interventions, he is the co-author of Going Home – A Positive Emotional Guide for Promoting Life-Generating Behaviors.

December 16, 2016

Neuroscience of Addiction
Tiffany Thompson Jones, M.A, C.B.T, BCN
Focus Centers of Asheville
Asheville, NC

During this lecture, the substance use disorder from a neurological perspective will be discussed. With the advances in neuroscience we are able to detect brain wave patterns using a quantitative electroencephalography that provides vital information into the health of each individual’s brain. Electroencephalographic (EEG) biofeedback, also known as Neurofeedback, has been utilized with substance use disorder for over three and a half decades. Current statistics state that 75% to 95 % of individuals who suffer from substance use disorder have some degree of brain dysfunction. We will discuss what Neurofeedback is and how it is done, how certain brain wave patterns may be contributing to the addiction or abuse and multiple therapeutic applications of neurofeedback.

Tiffany Thompson has recently relocated to Asheville after 11 years of clinical practice with a group of professionals in Jacksonville: The Biofeedback Associates of Northeast Florida. Tiffany is Board Certified in Neurofeedback with additional training in psychotherapy, nutrition and a specialization as a Marriage & Family Therapist. At Focus Centers of Asheville, Tiffany provides qEEG (Brain Mapping) evaluations, neurofeedback, biofeedback and psychotherapy.
Directions

From I-77, heading North: (Heading towards Uptown Charlotte); Exit 7 (Clanton Rd), make a right onto Clanton Road. McLeod Center will be on the right.

From I-77, heading South: (Coming from Uptown Charlotte); Exit 7 (Clanton Rd), make a left onto Clanton Road. McLeod Center will be on the right.

From South Blvd, heading North: (Heading towards Uptown Charlotte); Take South Blvd going North. Make a left onto Clanton Road. McLeod Center will be located on the left following the first (N. Tryon) light, immediately after the Super 8 Motel.

From South Blvd, heading South: (Coming from Uptown Charlotte); Take South Blvd going South. Make a right onto Clanton Road. McLeod Center will be located on the left following the first (N. Tryon) light, immediately after the Super 8 Motel.

Online registration is required for every training

- Participants must register online at www.mcleodtraining.com. Registration will open the 1st Wednesday of each month for the corresponding month’s training. Credit card information is required at the time of registration to secure your attendance.

- The McLeod Center trainings remain FREE OF CHARGE, however, participants that register and do not attend the training or do not cancel their registration 3 days prior to the training, will be charged a $25.00 fee. Your credit card will not be charged unless you are registered and absent.
Credit Hours

Qualifying trainings provided by McLeod Center are certified through the National Board of Certified Counselors (NBCC Board), The Association for Addiction Professionals (NAADAC), and the North Carolina Substance Abuse Professional Practice Board (NCSAPPB). Training is for six continuing education credit hours. McLeod Center has a responsibility to each practice board to grant credit hours only to those who have attended the entire training. In order to receive a certificate, participants must check in at the beginning of training, attend the entire session, and turn in an evaluation form at the conclusion of the training program.

Attendance for the complete training is required in order to receive credit.

McLeod Center will not provide duplicate certificate replacement for any reason.

McLeod Training Guidelines/Dress Code Requirements

McLeod Center employees are required to present and conduct themselves on a professional level at all work functions and training events hosted by McLeod Center and any other organization. At McLeod Center, significant attention is given to create a professional and courteous work environment that will positively reflect the important and serious nature of the field of addiction services. Welcomed guests are asked to conform to the following guidelines that apply to all McLeod Center Employees:

• Appropriate professional or business casual clothing is required. Jeans, cropped pants, Capri's and other recreational attire are not acceptable.
• Respect for the presenter, staff and the rights of other attendees is required in order to receive full benefit from the training.
• Electronic devices and outside literature will not be permitted in the training center. Cell phones must be silenced.

Participants will be denied admission if the attire standards described above are not met.

Disclaimer

The Professional Training Series is provided for the staff of McLeod Center. Others are welcome to attend as guests of McLeod Center, free of charge, with an understanding that special accommodations required by participants, other than McLeod Center staff, are not the responsibility of McLeod Center.