

Residential Treatment Amenities

- Large bedrooms with a full bath and full-sized double beds
- Access to basic alcohol-free hygiene products (we encourage you to bring your own)
- Access to over-the-counter medications (predetermined list approved by our Medical Director)
- Access to nicotine-replacement therapy (NRT)
- Catered Meals: Breakfast, lunch, dinner, and snacks
- Access to a variety of drink and snack vending machines
- Exercise Rooms: Two rooms one for males and one for females
- Spacious Laundry Room
- Recovery Resource Center
- Library and game room
- Large common area with two large screen televisions
- Various outside areas for relaxation and recreation

Services Provided

- Medical and psychiatric evaluation within the first 24 hours of arrival
- Access to a multi-disciplinary team (psychiatrists, medical practitioners, nurse, masters-level licensed clinicians, and staff members who are in recovery themselves)
- Introduction to 12 step recovery groups and philosophies, including other various forms of self-help groups
- Daily psycho-education groups
- Daily primary therapy groups and individual sessions as needed with your assigned primary therapist. Our primary groups focus on an array of issues from substance use, mental health, holistic health, etc.
- Groups that focus on the following: gender specific, smoking cessation, tobacco-free support, alternative therapies, and both in house and virtual narcotic anonymous (NA)/alcoholic anonymous (AA)
- Once a week all individuals are encouraged to participate in yoga
- Weekly family group
- Virtual visitation offered weekly via our iPads and web-based platforms
- Daily phone calls
- Access to religious services (not required)
- Assistance with placement and discharge planning into the next phase of your recovery